



INSTRUCTIONS

Add your answers from the 3 weekly questions to Page 1

Note: I added one question to week 3 - if there is anything about your desired life that isn't in the career bucket (where you live, how much you work, how much you travel) - include it here!

Review your answers to Buckets 1, 2, 4, and 5.
If something is non-negotiable, circle it.
If something isn't that important, cross it out.

Review buckets 3, 4 & 5 together. This is what you want work and life to be like a few years from now.
Brainstorm 3 jobs (or things) that would fulfill the requirements.
Make sure they leverage some of your unique talents from #3.

Check these against your non-negotiables in buckets 1 & 2.
If they aren't met, think of an alternative.

Next, write down what has to be true to achieve the 3 options you identified. Skills, certifications, location, connections, etc.

Think about what you already possess (resources, knowledge, network, etc).
Write down any gaps you identify - these are the growth focus areas for your future career.

Look at the growth areas. Circle or star what is most exciting.
Write 1 way you can pursue that growth internally (if you are currently working) and one externally.

Go forth and conquer. This is your growth plan!

PAGE 1 - MAP YOUR FUTURE CAREER

Week 1

1

5 things you want more

2

5 things you want less

Week 2

3

3-5 things you are exceptionally good at

4

What you want work to be like

5

What you want life to be like (bonus!)

Week 3

PAGE 2 - MAP YOUR FUTURE CAREER

Job / Thing 1	Job / Thing 2	Job / Thing 3

Check against non-negotiables from bucket 1 & 2

What needs to be true (learning, skills, etc)

Growth areas

Ways to pursue growth
Internal... External...

A FEW NOTES FROM KATIE

Why 3 jobs /
things and
not just one?

Two reasons.

- 1) It makes you think beyond your current 'default plan'. You have to consider a bigger set of possibilities to get to 3.
- 2) Life rarely goes according to plan, so it's good to have alternatives that you can spot as interesting opportunities along the way!

Why the
focus on non-
negotiables?

Sometimes our rational selves talk us into something that - on paper - looks good. But in reality, makes us unhappy.

If that 'good' opportunity violates something that is critical to your happiness (non-negotiable), it will become unsustainable at some point. I recommend you avoid those situations by bumping things up against the non-negotiable list.

Do I have to
take action
now?

It depends.

If career growth is a priority right now, yes! Take one or both of the steps you identified on Page 2.

If other areas of your life are a priority, push pause and revisit this roadmap in 3 or 6 months.

Either way, it's great to have your ideas on paper.